

# Gender and Disaster Risk Management



## A TRAINER'S MANUAL

Draft Designed by:

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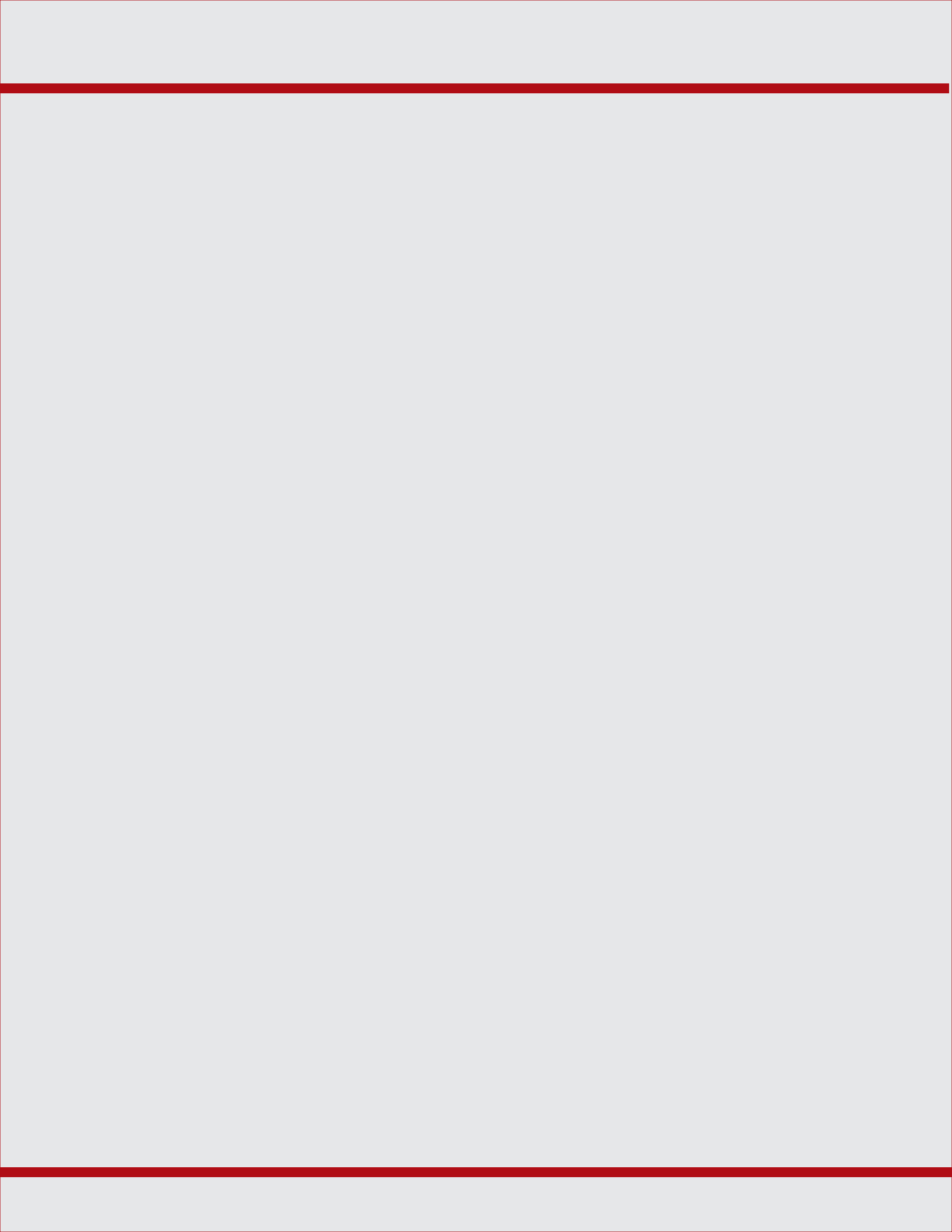
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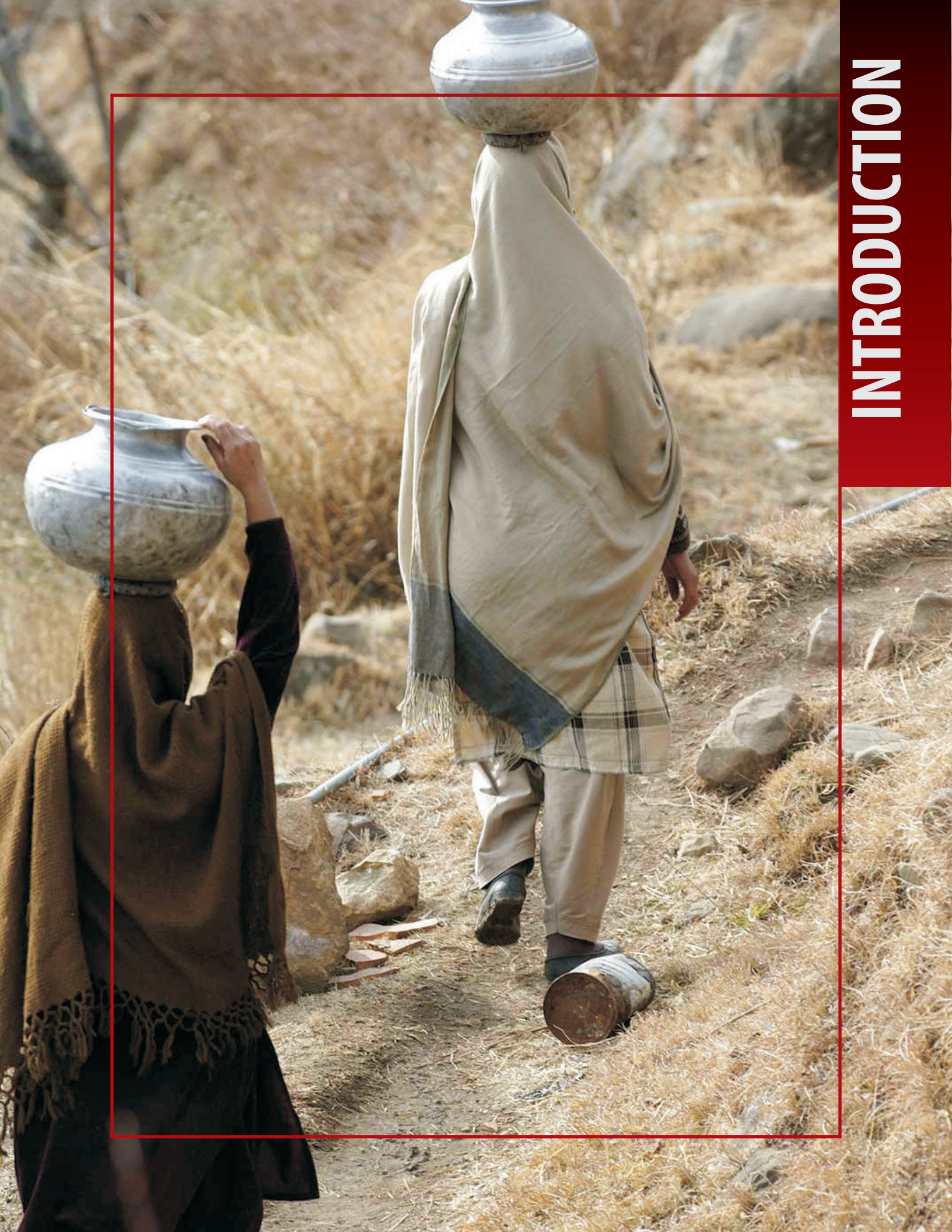


# Foreword









# INTRODUCTION







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## **MODULE - 0: INTRODUCTORY ACTIVITIES**

Opening Ceremony  
Formation of Groups  
Expectation Check  
Course Overview  
Ground Rules

## **MODULE – 1: INTRODUCTION TO DISASTER RISK MANAGEMENT**

- Session M.1.1. Disaster Risk Management: Basic terms & concepts
- Session M.1.2. Hazards Profile of Pakistan
- Session M.1.3. National Disaster Risk Management System
- Session M.1.4. Main streaming Disaster Risk Reduction into Development
- Session M.1.5. Gender Mainstreaming in Disaster Risk Management

## **MODULE – 2: DISASTER RISK ASSESSMENT**

- Session M.2.1. Introduction to Disaster Risk Assessment
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- Session M.2.3. Designing adaptation strategies for women at risk
- Session M.2.4. Women and climatic change adaptation

## **MODULE – 3: DISASTER RISK REDUCTION STRATEGIES**

- Session M.3.1. DRR through structural and non structural interventions
- Session M.3.2. Introduction to Community Based Disaster Risk Management
- Session M.3.3. Participation of Women in Community Based Disaster Risk Management
- Session M.3.4. Public awareness and women role
- Session M.3.5. Best practices in disaster risk reduction strategies with focus on women issues and participation
- Session M.3.6. Course evaluation and action plan by the course participants








# Introduction

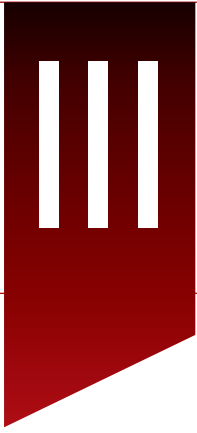
- **Background: Disaster and its impacts**
  - **How disasters affect women?**
  - **About the trainer's manual**
-





## Terms used in the manual

- **Discussion**
  -  **Presentation**
  -  **Group work, group exercise, group activity, team work**
  -  **Note**
  -  **Refer to training manual**
  -  **Further information**
-



# Acronyms



# IV

## Training modules

- **Details of all modules will explain here**
- **Expected outcome**

# V

## Course Schedule

### Day-1

Registration

Inaugural Session and Introduction of Participants & Resource Persons

Course Overview

#### **Module – 1: Introduction to Disaster Risk Management**

M1.S1. Disaster Risk Management: Basic terms & concepts

M1.S2. Nature of hazards, its occurrence & possible consequences in Pakistan

M1.S3. National Disaster Management System in Pakistan

Daily Evaluation

*End of Day – 1*

### Day-2

Recap of Day – 1

M1.S4. Mainstreaming Disaster Risk Reduction into Development

M1.S5. Gender Mainstreaming in Disaster Risk Management

#### **Module – 2: Disaster Risk Assessment**

M2.S1. Introduction to Disaster Risk Assessment

M2.S2. Vulnerability of women in Disasters situation (Group exercise)

M2.S3. Designing adaptation strategies for women at risk (Group exercise)

M2.S4. Women and climatic change adaptation

Daily Evaluation

*End of Day- 2*



## Day-3

### Module – 3: Disaster Risk Reduction Strategies

Recap of Day – 2

M3.S1. DRR through structural and non structural interventions

M3.S2. Introduction to Community Based Disaster Risk Management

M3.S3. Participation of Women in Community Based Disaster Risk Management

M3.S4. Public awareness and women role

M3.S5. Best practices in disaster risk reduction strategies with focus on women participation (Video clips)

M3.S6. Course Evaluation and action plan by the course participants

Closing Ceremony / Certificates Distribution

*End of Training Course*





A woman in a red sari with a large clay pot on her head, standing in a desert landscape. The woman is seen from the back, wearing a vibrant red sari with a yellow and orange floral pattern. She has a large, round, light-brown clay pot balanced on her head. She is standing in a vast, sandy desert under a clear blue sky. The ground is dry and cracked, and there are some sparse green bushes in the distance. The overall scene conveys a sense of arid conditions and traditional life.

**Introduction to  
Disaster Risk Management**



module  
**1**

# Introduction to Disaster Risk Management

## Modular Learning Objectives

At the end of the module the participants will be able to:

- Know about the Disaster Risk Management Framework;
- List out the different kinds of hazards and its consequences in Pakistan;
- Get acquainted with the DRM system in Pakistan and its importance as pro-active approach;
- Define the conceptual relationship between Disaster and Development;
- To know the concepts of gender mainstreaming in DRR;

## Sessions

This Module consists of six sessions which are as follows:

- Session M.1.1:** Disaster Risk Management: Basic terms & concepts
- Session M.1.2:** Nature of hazards, its occurrence & possible consequences in Pakistan
- Session M.1.3:** National Disaster Management System in Pakistan
- Session M.1.4:** Mainstreaming Disaster Risk Reduction into Development
- Session M.1.5:** Gender Mainstreaming in Disaster Risk Management



# Disaster Risk Management: Basic terms & concepts

**Duration of session:**

90 minutes

**Session Objective:**

By the end of this session, the participants will be able to understand the basic terms and concepts used in disaster risk management.

**Mode of delivery:**

Group exercise, Power point presentation, interactive discussion and Question/Answer

**Materials Required:**

Meta cards, Power point presentation, Multimedial, laptop, screen, laser pointer, flipcharts (boards and papers) and 4 color permanent markers

## Procedure

Timings	Session Activity	Purpose	Methodology	Suggested Material
5 minutes	Session objective to present	To develop a common understanding of the session	Presentation using PPT slides	PPT slides, LCD projector, laptop, flipcharts (boards and papers) and markers
30 minutes	Group exercise – Matching definitions and headings on UNISDR standardized terms and concepts	To allow participants to discuss among group members on the given definitions and terms related to disaster risk management	Discussion in groups matching meta cards featuring terms or definitions to one another, as part of a game with a points scoring system	<ul style="list-style-type: none"> <li>■ 4 sets of Meta Cards</li> <li>■ (one set of terms and one set of definitions per group)</li> <li>■ 4 color markers</li> </ul>
10 minutes	Matching definitions paste on the flip stand/wall for each group	To share the work with other course participants	Participants will mask the slides with definitions on the flip stand/wall	Scotch tape/Masking tape and Scissors for each group
30 minutes	Presentation by the facilitator	To share the slides using standard UNISDR definitions	Presentation using PPT slides with opportunity for participants to discuss.	PPTs slide, LCD projector, laptop, flipcharts and markers
15 minutes	Debate on difference between DRR, DRM, DM, Mitigation and Prevention etc	To further clarify the definitions and concepts	Questions/Answers	PPTs slide, LCD projector, laptop, flipcharts and markers

## 1. INTRODUCTION

A. Present session objective on one slides and then 2<sup>nd</sup> slides on which the heading should mention. These heading are as follows;

- |                     |                              |
|---------------------|------------------------------|
| 1. Catastrophe      | 11. Development              |
| 2. Crisis           | 12. Mitigation               |
| 3. Emergency        | 13. Preparedness             |
| 4. Disaster         | 14. Prevention               |
| 5. Hazard           | 15. Disaster Risk Management |
| 6. Risk             | 16. Disaster Management      |
| 7. Elements at Risk | 17. Recovery                 |
| 8. Vulnerability    | 18. Relief                   |
| 9. Capacity         | 19. Rehabilitation           |
| 10. Response        | 20. Reconstruction           |

## 2. GROUP EXERCISE - BRAINSTORMING SESSION

B. Give each group two sets of cards (featuring definitions and terms).

Example:

**Term**

Risk

**Definition**

**The probability that a community's structure or geographic area is to be damaged or disrupted by the impact of a particular hazard, on account of their nature, construction, and proximity to a hazardous area**

### C. Group Exercise

- ⚙ After the introduction, there will be group exercise for which the participants will be divided into 4 different groups. Each group will be given meta cards in an envelope which will comprise a set of 15 different definitions with each definition on single page. The definitions will bear no headings and they will ask to select the most suitable one for each definition from the displaying definitions on the screen. There should be 15 sets of definitions but heading should be 20 in numbers which will be displaying on the screen during the group activity.
- 📌 The participants will ask to close the participant training manual as it has these definitions already.
- ⚙ Working in separate groups, they will read and discuss the definitions in groups and will choose suitable headings from the displayed headings on the screen and will write it down the headings with the help of given marker.
- ⚙ The exercise will continue for 30 minutes. After the exercise finishing, the participants will ask to paste each definitions with chosen headings and displayed on the wall with the help of masking tape. From each group, one volunteer will be requesting to stand along their respective meta cards and put tick or cross with the help of given marker. If answer is correct, it should put ✓ if wrong, then put X

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This exercise will provide an opportunity to think and discuss creatively and select the best option heading.

#### **D. Presentation by the Facilitator**

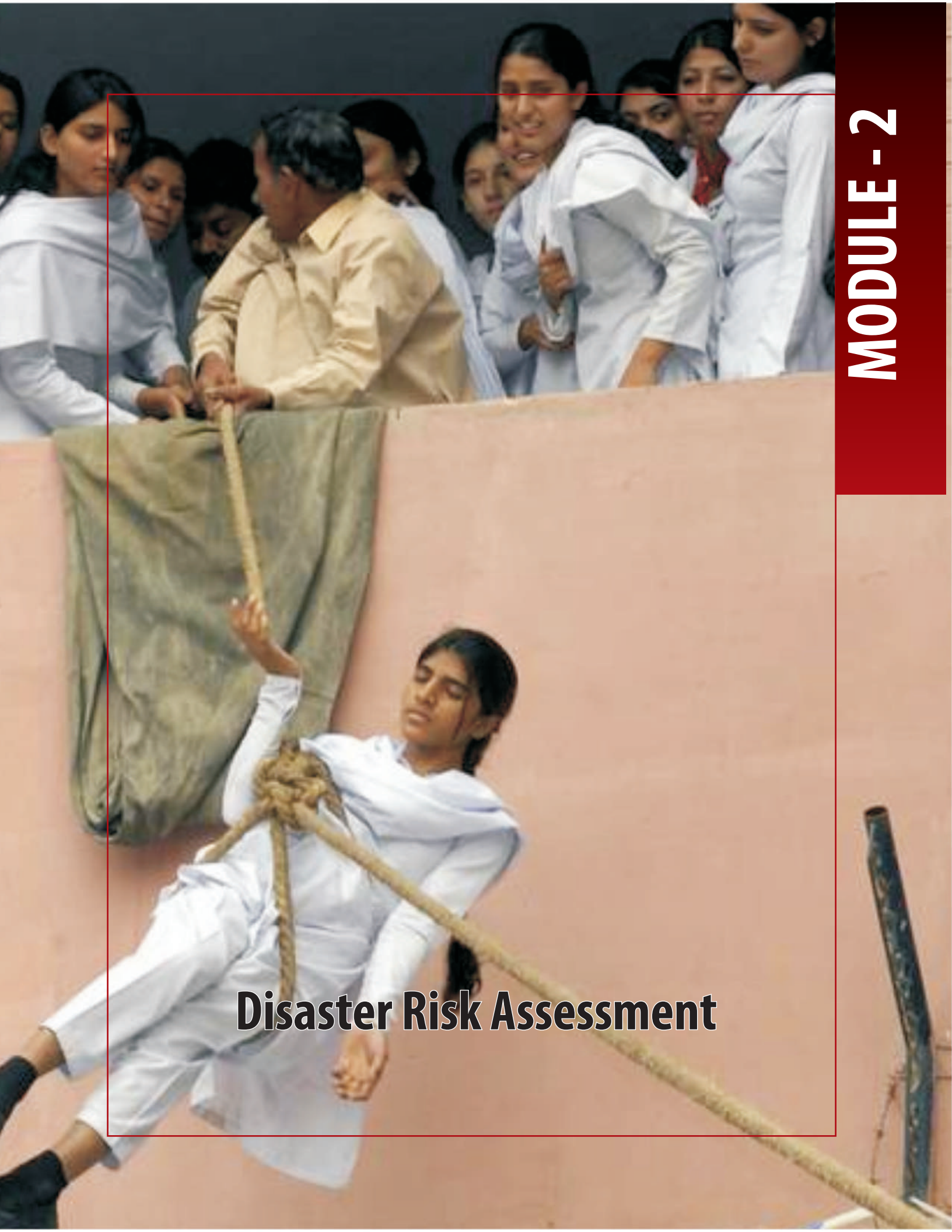
After the exercise, the facilitator will start his session by showing the standard terminologies and concepts and while the presenter is delivering session, the volunteers should check their definitions as well and put cross or tick.

There will be very interactive discussion to clarify the definitions and all participants will be encouraging to participate in the question/answer sessions.

- ① For further guidance on definitions refer to this session in the training manual and UNISDR website [www.unisdr.org](http://www.unisdr.org)
- ⊘ **Refer to training manual!** There is also further guidance on the terms and concepts in the training manual. The participants should be referred to this at the end of the exercise.







**Disaster Risk Assessment**





**Disaster Risk Reduction Strategies**









